

English Social Media Messages

Drafted Messages for Consumers: These messages are drafted for consumer audiences. To use any of these, use your mouse to highlight the text. Left-click and select “Copy” (or Ctrl+C on your keypad). Open your social media channel and begin a new post. Then, left-click and select paste (or Ctrl+P on your keypad)

Babies should sleep Alone, on their Back, and in a safety-approved Crib for every sleep. <https://bit.ly/2VrMJD7> #SafeSleepNC

Decorate the room, not the crib! <https://bit.ly/2VrMJD7> #SafeSleepNC

A bare crib is best! No blankets, bumper pads, pillows, or toys. <https://bit.ly/2VrMJD7> #SafeSleepNC

All parents have questions about safe sleep. #SafeSleepNC is a great resource to learn how and where baby can sleep safer: <https://bit.ly/3enADU8> #SafeSleepNC

Safe Sleep Isn’t Easy. But Your Baby is Worth It. <https://bit.ly/34Bfpxx> #SafeSleepNC

Babies wake up a lot! Learn how to make sleep safer at all hours of the day. <https://bit.ly/2xmc4GK> #SafeSleepNC

We know you love your baby. Keep them safe while they sleep. <https://bit.ly/3aalcKu> #SafeSleepNC

Back to bed! Put baby on their back for every sleep. <https://bit.ly/3aalcKu> #SafeSleepNC

Keep your baby and their sleep space free from smoke and vape: <https://bit.ly/2VmgGnW> #SafeSleepNC

Tell your childcare provider or babysitter about safe sleep: <https://bit.ly/3a6bVEn>

You are doing a great job, mom! Find tips to make sleep safer for baby. <https://bit.ly/3aalcKu> #SafeSleepNC

Nights can be long when caring for a baby. Find tips to make sleep safer for your baby. <https://bit.ly/3aalcKu> #SafeSleepNC

No, your baby won’t choke if they sleep on their back. Find more answers to your safe sleep questions. <https://bit.ly/2V89U6B> #SafeSleepNC