

A baby is sleeping peacefully in a crib, lying on their back with their arms raised above their head. The baby is wearing a yellow and grey striped onesie. The crib has a white mattress with a green polka-dot pattern and a white wooden frame. The background is a dark blue, textured surface.

Does Your Baby Sleep Safe?

**Share the Room,
Not the Bed.**

Your baby sleeps safest **on their back**
and **in a crib or pack n play.**

Over 130 babies in NC die each year of sleep-related causes.
Many of these deaths could be prevented.



Learn more at SafeSleepNC.org